

Red Flags That May Warrant OT

Challenges with Gross Motor Skills



such as: jumping, hopping, core strength, ball skills, coordination, balance

Difficulty with Fine Motor Skills



Immature Handwriting Skills



Challenges with Dressing



such as: buttoning, zippers, tying shoelace

Difficulty with Age Appropriate Puzzles and Building Activities



Aversion or Avoidance of Specific Foods



Falls Often or Bumps into People or Objects



Difficulty Sitting Still



Increased Sensitivity to Touch or Noise



Limited Social Interaction with Peers



Limited Play Ideas



Challenges with Planning and Sequencing Activities



Inconsistent Performance on Tasks



Difficulty Attending to a Task or Reduced Focus



Inability to Follow Directions



Difficult to Calm, Low Frustration Tolerance

